

For Immediate Release

New Self Defense Program Seen On News Center 5

Local Pair Teaches Women How To Escape Violence

Plaistow NH - Studies show three out of four women will experience some type of violent incident in their lifetime.

These facts along with personal experiences with violence lead local martial artists Theresa Murphy and Dennis Mahoney to create LIVE, Lessons In Violence Evasion. LIVE is unlike other seminars that try to teach women to use violence to overcome their attackers. LIVE teaches women and children how to evade and escape violence without having to fight.

The program has been so successful helping women, that News Center 5 in Boston recently aired a segment about this important subject. To see the piece go to:

<http://www.thebostonchannel.com/asseenon5/19793619/detail.html>

Contact Information

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